

## ICT - John Parson Reminders Around Keeping Your Child Safe Online



Many of you will know John Parsons from his annual visits to Kōrakonui School to share with us all the skills in helping us stay safe in the digital world. It is important to be reminded of these as we work online in our bubbles. Here are some of the top tips:

- It is important to have screens visible to others (especially adults) at all times, i.e. no screens to walls.
- John is very clear in stating children should not be in their bedrooms/bathrooms online alone or with other young siblings - no pyjamas
- Know that students will want to connect online. Check the age guidelines. Children under the age of 13 should not have their own Facebook page for example.
- If your child is 13 years and over and has a social media account, they should have at least one parent/caregiver as a 'friend.'
- Set guidelines that work for your household about the amount of screen time.
- Agree that no 'history' is to be deleted from devices (chromebooks, ipads, phones) and make sure as parents you check the devices history regularly.
- Go over the above with your child regularly, don't take things for granted.
- We all want your child to be safe online.

For further information:

- Listen to John Parsons talking to Hilary Barry on TVNZ's Breakfast show about helping our young people deal with technology. [Click here.](#)
- Protecting our children online....listen to John Parsons share his top tips for parents to help keep their children safe online. [Click here for John Parson's Youtube clip.](#)
- Check out John's website with other helpful hints <https://www.citizen21.co.nz> and click onto the following links to NZ Safety website: [NetSafe](#)
- Click onto the link for Important free safety filter for kids at home (MOE) [Switch on Safety](#)
- Download the Circle App for access to parental controls on internet and devices in your home



