

Children Food and Health, a parent's dilemma.

Hamilton 26 March, Tauranga 27 March Auckland 28 March 2015 *

3 international speakers talk food, health and what's happening to our kids.

What's behind the wave of allergies, intolerances and disorders that are affecting our children today? Join a US paediatrician, a mum who unleashed a movement for change and a leading genetics researcher for one thought-provoking evening.

Dr Michelle Perro - in her 30 years work as a paediatrician in the USA Dr Perro has observed the dramatic decline in children's health. From ear infections, to allergies, kids that can't concentrate, behavioural disorders and intolerances - Dr Perro believes we need a new toolkit to deal with children's illness today. There is compelling evidence that gut disorders, (which include leaky gut and a reduced microbiome) are a leading contributor to weaker immune systems; the increase in autoimmune disease and a host of these problems we are now seeing. With case examples and hints thrown in, this is a fascinating talk from a professional on the frontline.

Zen Honeycutt - Yet another distressing night in a hospital waiting room watching her son dosed on steroids and hooked up to monitors as the result of yet another unforeseen allergy, was the catalyst for Zen to really start reading and take action to change her son's life. An American mum with three young boys, (and no parental allergies) Zen has started a movement for change as a result of the changes she has observed in her own family. And as she has found, it's not just about allergies. Zen has connected with thousands of mums that have seen a level of illness unprecedented in their families and taken action to change. This empowering and emotional talk will engage and motivate you.

Dr Michael Antoniou - this scientist and academic is head of the Gene Expression and Therapy Group, Department of Medical and Molecular Genetics, King's College London School of Medicine. Dr Antoniou knows a thing or two about our genes and how they affect us. But perhaps what will be interesting to many is the interconnectedness between our genes and the environment. We are seeing non-communicable illness way beyond the illness loads of our grandparents. Is it not just genetics? Is there more we should know about?

For more information or to register for the event contact :

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* venues TBC